



Uniform Policy Leaders Training

*Deputy Chief of Staff, G-1
September 2014*



TRAINING TOPICS

- ❑ Punitive Policies & Separate Publications
- ❑ Male Grooming Standards
- ❑ Female Grooming Standards
- ❑ Fingernails
- ❑ Jewelry & Dental Ornamentation
- ❑ Tattoo, Branding, & Body Mutilation
- ❑ Body Monitor
- ❑ Gold Star & Next of Kin Lapel Buttons
- ❑ Other Items of Clarification
- ❑ How to Recommend Changes
- ❑ Other Administrative Actions





AR 670-1 & DA PAM 670-1

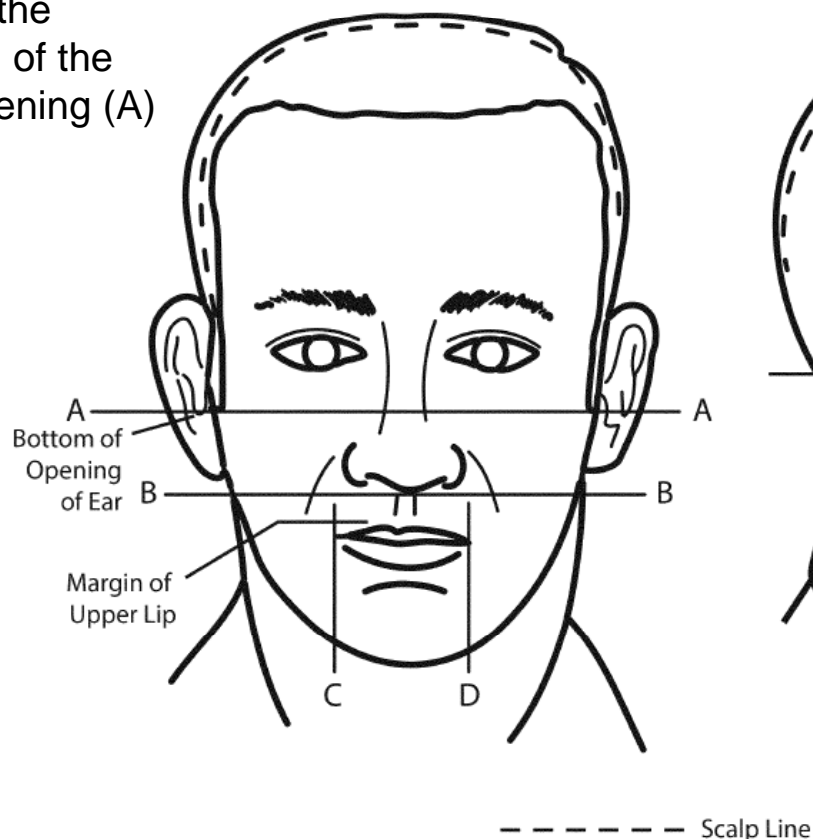
- ❑ Portions of AR 670-1 and most of the appearance and grooming chapter are **punitive**
- ❑ Violations of the punitive sections by Soldiers may result in adverse administrative and/or charges under the provisions of the Uniform Code of Military Justice (UCMJ).
- ❑ Two Separate Publications for Uniform Policy
 - ❑ AR 670-1: contains policy
 - ❑ DA PAM 670-1: contains procedures for implementing the policy



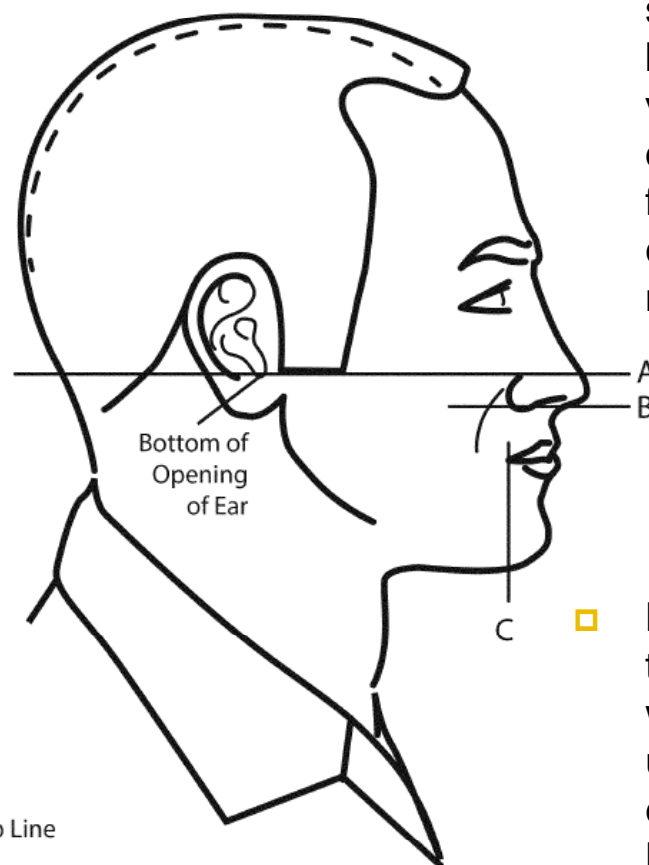


MALE GROOMING STANDARDS

- Sideburns will not extend below the bottom of the ear opening (A)



- No mustache will extend sideways beyond a vertical line drawn upward from the corners of the mouth (C,D)



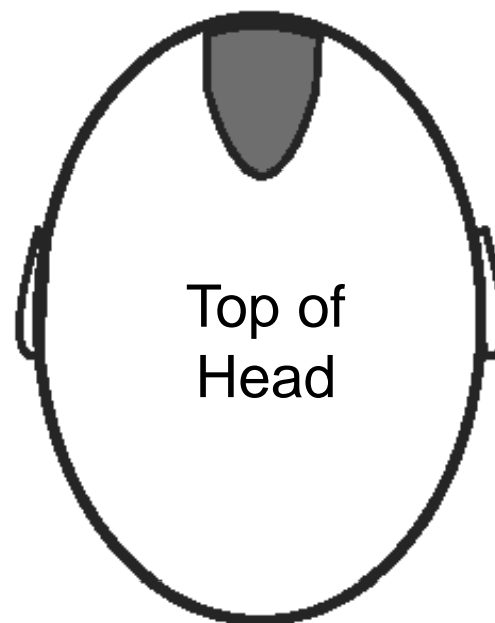
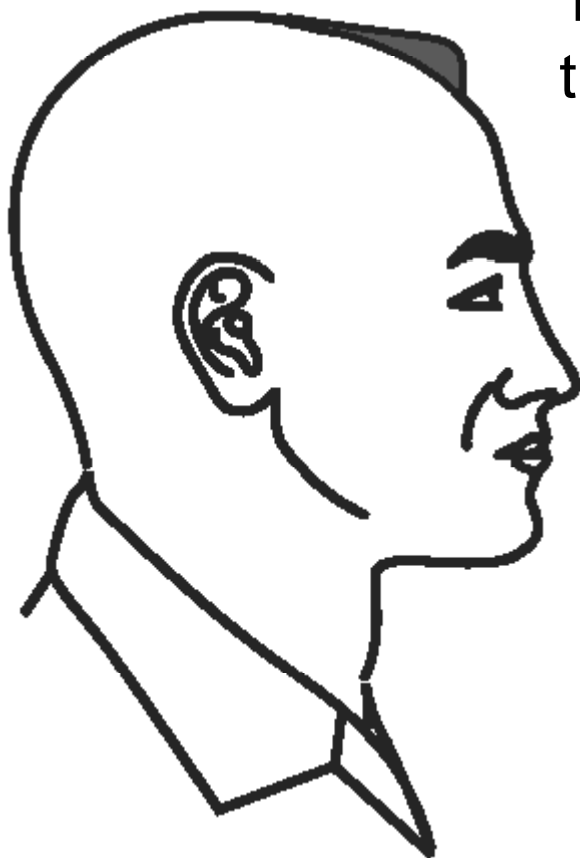
- No portion of the mustache will cover the upper lip line or extend beyond B, C, or D

(AR 670-1, para 3-2 and fig 3-1)



UNAUTHORIZED MALE HAIRSTYLE

Tear drop: Head is shaved all the way around a patch of hair

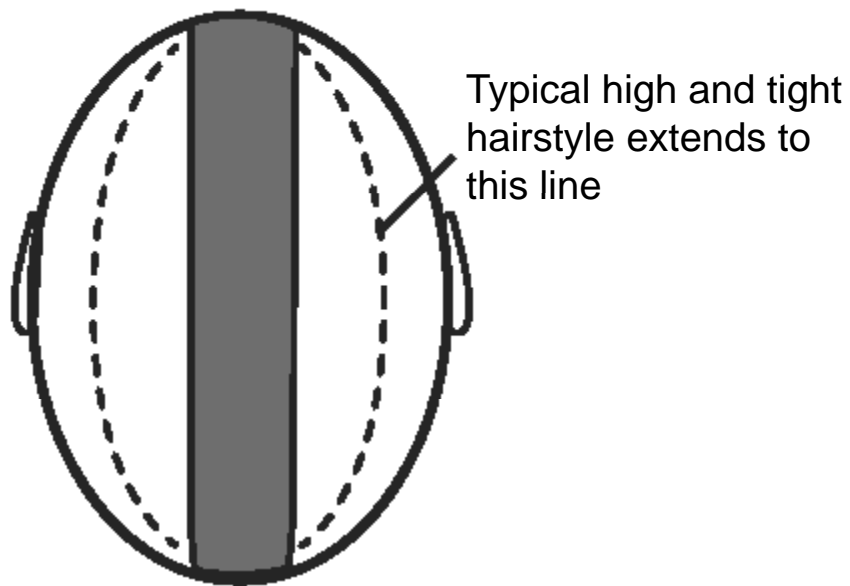


(AR 670-1, para 3-2 and fig 3-2)

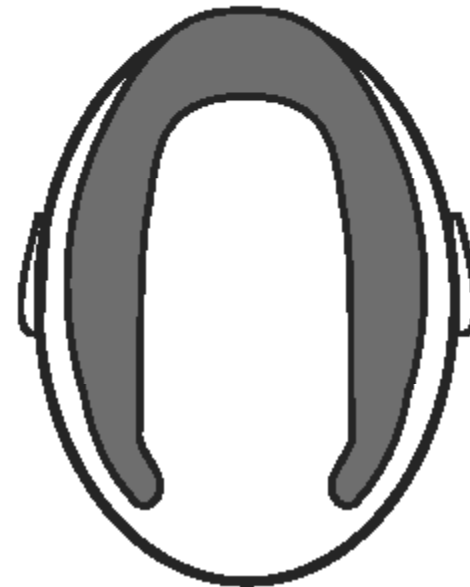


UNAUTHORIZED MALE HAIRSTYLES

Landing Strip or Mohawk:
Head is shaved all the way
around a strip of hair



Horseshoe: Head is
shaved all the way around
a U-shaped hair area



(AR 670-1, para 3-2 and fig 3-2)



SIDEBURNS

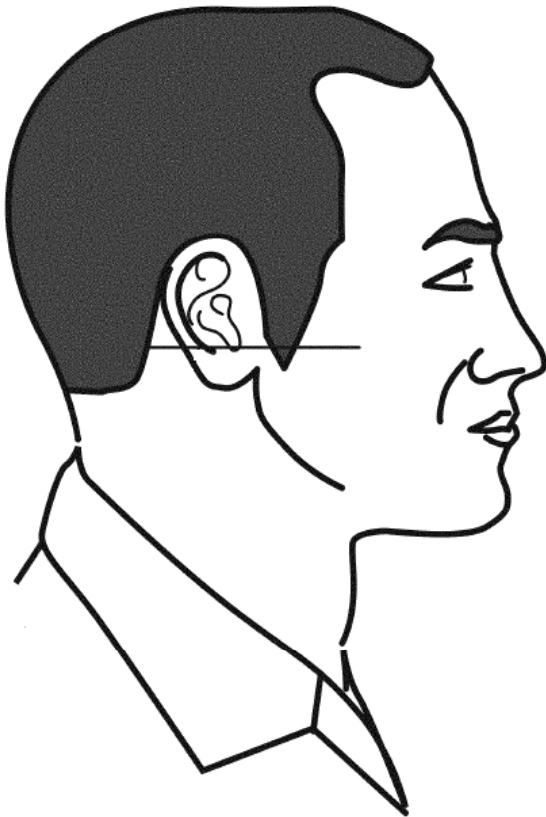
- ❑ Sideburns are hair grown in front of the ear and below the point where the top portion of the ear attaches to the head
- ❑ Sideburns will not extend below the bottom of the ear opening
- ❑ Sideburns will not be styled to taper, flair, or come to a point
- ❑ The length of the individual hairs of the sideburn will not exceed 1/8 inch when fully extended

(AR 670-1, para 3-2)





UNAUTHORIZED SIDEBURNS



- ❑ Sideburn extends below the bottom of the ear opening
- ❑ Sideburn is pointed
- ❑ Individual hairs of sideburn are more than 1/8 inch in length

(AR 670-1, para 3-2 and fig 3-2)



FEMALE GROOMING STANDARDS

- ❑ All hairstyles must meet guidance and have the ability to wear all types of headgear (such as beret, patrol cap, service cap/hat) and any protective equipment (such as protective mask or combat helmet) properly
- ❑ Hairstyles may not pose a health or safety hazard
- ❑ Hair may be no shorter than ¼" from scalp, but may be evenly tapered to the scalp within 2" from the hair line edges
- ❑ Hair must be shorter than the bottom edge of the collar or worn neatly above the collar; no restriction on length (if worn up) other than it must meet bulk and bun size restrictions

(AR 670-1, para 3-2)





FEMALE GROOMING STANDARDS

- ❑ Bulk of hair (measured from the scalp) will not exceed 2"
- ❑ Bulk of a bun may extend a maximum of 3 ½ inches from the scalp and be no wider than the width of the head
- ❑ Bangs may not fall below the eyebrows & may extend to the hairline at the temple
- ❑ Graduated hairstyles for medium length hair are authorized provided the length has no more than 1" difference on length from front to back
- ❑ Layered hairstyles are authorized provided each hair's length is generally the same length

(AR 670-1, para 3-2)





FEMALE GROOMING STANDARDS

- ❑ Braids, cornrows, and temporary twists are authorized (defined in glossary)
 - ❑ Must be of uniform design and have a diameter of no greater than ½"
 - ❑ Each must have same approximate size of spacing between the braids, cornrows, or twists
 - ❑ May be worn loose (free-hanging) or against the scalp
 - ❑ When multiple loose braids or twists are worn, they must encompass the whole head
 - ❑ When worn close to the scalp, they may follow the natural direction of the hair as worn back or may use one primary part in the hair
 - ❑ Only one style may be worn at a time

(AR 670-1, para 3-2)





FEMALE GROOMING STANDARDS

- ❑ Dreadlocks or locks are prohibited - defined as permanently twisted, or locked coils or ropes of hair (or extensions) or hair tangled closely together
- ❑ Hair extensions and wigs are authorized
 - ❑ must look natural and conform to standards of AR 670-1
 - ❑ Wigs may not cover up unauthorized hairstyles

(AR 670-1, para 3-2)





FEMALE GROOMING STANDARDS

- ❑ Pony tails are authorized
 - ❑ only when within the scope of physical training (includes PT formations, travel to and from PT; does not include stops when traveling to and from PT, medical appointments, organizational day, post clean-up)
 - ❑ other authorized hairstyles (such as braids and twists) may also be worn in a pony tail

(AR 670-1, para 3-2)





FINGERNAILS

- ❑ Males will not exceed a nail length that extends beyond the tip of the finger
- ❑ Females will not exceed a nail length of $\frac{1}{4}$ inch as measured from the tip of the finger
- ❑ Females may wear only clear nail polish in all uniforms.
- ❑ Males may not wear nail polish
- ❑ Clear acrylic nails are authorized for females, provided they have a natural appearance and conform to Army standards

(AR 670-1, para 3-2c)





JEWELRY

- ❑ Attaching, affixing, or displaying objects, articles, jewelry, or ornamentation to, through, or under their skin, tongue, or any other body part is prohibited.
- ❑ Rule applies to all Soldiers on or off duty. The only exception is for female Soldiers, who may wear authorized earrings.
- ❑ No change to authorized earrings for females in service, dress, and mess uniforms.
- ❑ When females are off duty, there are no restrictions on wearing earrings so long as the earrings do not create or support ear gauging (enlarged holes in the lobe of the ear).

(AR 670-1, para 3-4)





DENTAL ORNAMENTATION

- ❑ The use of gold caps, platinum caps, or caps of any unnatural color or texture (permanent or removable) for purposes of dental ornamentation is prohibited.
- ❑ Teeth, whether natural, capped, or veneered, will not be ornamented with designs, jewels, initials, and so forth.
- ❑ Unnatural shaping of teeth for nonmedical reasons is prohibited.

(AR 670-1, para 3-4f)





TATTOO POLICY

- ❑ Unauthorized tattoo locations:
 - ❑ On the head, face, & neck, (anything above the T-shirt line to include on/inside the eyelids, mouth, & ears)
 - ❑ On the hands, fingers, wrists (below the wrist bone)
 - ❑ Each visible tattoo below the elbow or below the knee must be smaller than the size of the wearer's hand (with fingers extended & joined with the thumb touching the base of the index finger)
 - ❑ Soldiers may have no more than 4 total visible tattoos (smaller than the size of the wearer's hand) below the elbow or below the knee



(AR 670-1, para 3-3)





TATTOO POLICY

- ❑ Defines small tattoos within a 5 inch diameter as one tattoo
- ❑ Visible band tattoos may be no more than 2" in width; Each band tattoo counts as one tattoo & Soldiers may have no more than one visible band tattoo
- ❑ Sleeve tattoos on arms or legs are unauthorized
- ❑ Enlisted Soldiers with grandfathered tattoos may request commissioning or appointment, if otherwise recommended by the Commander

(AR 670-1, para 3-3)





CATEGORIES OF UNAUTHORIZED OF TATTOOS

- ❑ Extremist tattoos or brands are those affiliated with, depicting, or symbolizing extremist philosophies, organizations, or activities.
- ❑ Indecent tattoos or brands are those that are grossly offensive to modesty, decency, propriety or professionalism.
- ❑ Sexist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on gender but may not meet the same definition of “indecent.”
- ❑ Racist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on race, ethnicity, or national origin.

(AR 670-1, para 3-3)





TATTOO POLICY: VALIDATION

- ❑ Commanders were required to validate all Soldiers' grandfathered or waived (upon entry) tattoos located above the neckline, below the elbows, or below the knees with a description of the shape and color on an official memorandum. Each tattoo will be a photo attachment.
- ❑ Commanders and Soldiers must ensure the documents are now filed into the Soldier's Army Military Human Resource Record (AMHRR)
- ❑ Commanders will perform an annual check for new tattoos or brands in prohibited locations
- ❑ Soldier is given a copy for his/her records

(AR 670-1, para 3-3)



PHOTOGRAPH AND UPLOAD REQUIREMENTS

- ❑ Commanders use same local process to upload documents (such as award certificates) to a Soldier's Army Military Human Resource Record (AMHRR)
- ❑ File must be in multi-page black and white Tagged Image File Format (TIFF) in 300 dpi for upload
- ❑ No requirements for specific camera settings; photo must be clear and visible
- ❑ Use nylon black and white ruler (available in supply system) to help identify tattoo size
- ❑ Photograph entire area (below arm or below leg) to help identify location

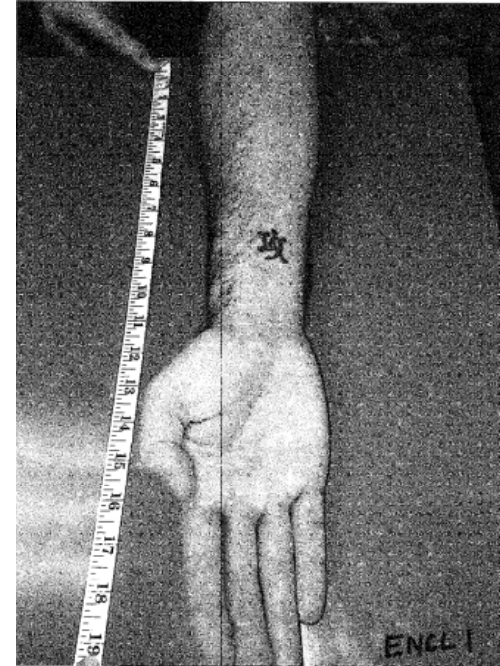
(AR 670-1, para 3-3)



EXAMPLE TATTOO PHOTO FOR AMHRR



Photos must be taken using a ruler, the tattoo(s) must be clear and visible and described on the memorandum - sample available on G-1 web page



Photos are then scanned to Tagged Image File Format (TIFF), Black and White, 300 DPI, and updated with memo to AMHRR – Tattoos must still be observable



ANNUAL CHECK

- ❑ Commanders will also conduct an annual check for extremist, indecent, sexist, and racist tattoos
- ❑ Tattoos in locations not above the T-shirt neckline, not on the arms (below the elbow), or not on the legs (below the knees) will not be documented on the memo for filing into the Soldier's record
- ❑ Check is done by the Commander in physical fitness uniform (without shoes or socks)
- ❑ If found, Soldier must be processed in accordance with AR 670-1

(AR 670-1 and DA Pam 670-1, para 3-3)



BODY MUTILATION

- ❑ Soldiers are prohibited from any form of body mutilation, which is the willful mutilation of the body or any body parts in any manner.
- ❑ Does not include authorized medical alterations performed at a medical treatment facility or cosmetic, reconstructive, or plastic surgery procedures normally approved by the Commander
- ❑ Soldiers who entered the Army with approved body mutilation prior to 31 March 2014 may request an exception to policy from HQDA, G-1

(AR 670-1 and DA Pam 670-1, para 3-3)



BODY MUTILATION

- ❑ Examples of body mutilation include, but are not limited to:
 - ❑ Tongue bifurcation (splitting of the tongue)
 - ❑ Ear gauging (enlarged holes in the lobe of the ear, which are beyond the post hole size for conservative earring wearer, no more than 1.6mm)
 - ❑ Unnatural shaping of the teeth
 - ❑ Ear pointing (or elfing)
 - ❑ Scarification (cutting to create intentional scarring)
 - ❑ Body modifications for the purpose of suspension (hanging by body hooks)

(AR 670-1 and DA Pam 670-1, para 3-3)



BODY MONITOR

- ❑ Soldiers may wear one activity tracker, pedometer, or heart rate monitor
- ❑ This is in addition to the one item (watch or identification bracelet) authorized to be worn on each wrist



(AR 670-1 and DA Pam 670-1, para 3-4a)



GOLD STAR AND NEXT OF KIN LAPEL BUTTONS

- ❑ Soldiers who are issued gold star or next of kin lapel buttons in accordance with Section 578.63, Chapter V, Title 32, Code of Federal Regulations are authorized to wear them on service and dress uniforms
- ❑ Wearers include widows(ers), parents, and next of kin of Soldiers who lost their lives during specified periods



Gold Star Lapel Button



Next of Kin Lapel Button

(AR 670-1 and DA Pam 670-1, para 22-66)



ID TAGS & GLASSES



- ❑ Soldiers will wear identification tags at all times while on duty in uniform unless otherwise directed by the commander.
- ❑ Commanders may authorize sunglasses in formations or field environments, as appropriate.
- ❑ Personnel will not hang eyeglasses or eyeglass cases on the uniform and may not let glasses hang from eyeglass restraints down the front of the uniform.
- ❑ Glasses may not be worn on top of the head at any time.
- ❑ Soldiers are authorized to wear ballistic spectacle eye protection issued by the Army, including lens colors or logos in garrison or field environments unless otherwise directed by their chain of command.

(AR 670-1 and DA Pam 670-1, paras 3-10 and 3-11)





BAGS

❑ Hand carried bags will be conservative and professional in appearance. Bags (to include civilian gym bags, civilian backpacks, or other similar civilian bags) must be carried only in the hand if they do not meet the criteria below.



❑ Shoulder carried bags must be black or matching the camouflage pattern of the worn uniform, and may not have any commercial logos. The contents of the bag may not be visible; therefore, see-through plastic or mesh bags are not authorized. Soldiers may carry authorized bags by hand, on one shoulder using a shoulder strap, or over both shoulders using both shoulder straps.

(AR 670-1, para 3-7f)





WEAR OF ARMY UNIFORM AT NATIONAL, REGIONAL, & LOCAL EVENTS

- ❑ When Army participation in a public event has been approved in accordance with AR 360-1, commanders are responsible for determining the appropriate uniform for the event.
- ❑ Commanders should make use of their protocol or other appropriate supporting staff for decision on wear.

(AR 670-1, para 3-5)





COURTESIES & USE OF ELECTRONIC DEVICES

- ❑ Soldiers will not walk while engaged in activities which would interfere with the hand salute and greeting of the day or detract from a professional image
- ❑ Examples include, but are not limited to, walking while eating, using electronic devices, or smoking cigarettes, cigars, or pipes
- ❑ Soldiers are not authorized to wear wireless and non-wireless devices such as earpieces while wearing Army uniforms (includes physical fitness uniform in the gym)
- ❑ Hands-free devices while operating a commercial or military vehicle (to include a motorcycle or bicycle) are allowed if not otherwise prohibited by policy or law IAW AR 385-10
- ❑ Tobacco-free cigarettes (or similar devices) have the same restrictions as cigarettes

(AR 670-1, para 3-6)





OFFICIAL TRAVEL

- ❑ Personnel on official travel and traveling by commercial travel means will wear the service uniform or appropriate civilian attire. Combat uniforms are no longer authorized.
- ❑ Soldiers may wear the combat uniform on commercial flights only when deploying/redeploying or on rest and recuperation leave to and from the combat theater.
- ❑ Commanders may authorize service or utility uniforms for Soldiers when traveling by commercial travel for emergency leave or casualty assistance duties.

(AR 670-1, para 3-7)





CIVILIAN CLOTHES

- When on duty in civilian clothes or off duty and outside of their personal dwelling, Army personnel will present a professional image that does not detract from the profession, unless specifically exempted by the commander for specific mission requirements.

(AR 670-1, para 3-9)





UMBRELLA

- ❑ Soldiers may carry a plain, black umbrella, only during inclement weather, when wearing the service (Class A and Class B), dress, and mess uniforms. Umbrellas are not authorized in formations or when wearing field or utility uniforms. Commanders may further restrict Soldiers use of umbrellas as appropriate.



(AR 670-1, para 20-27)





INSIGNIA REPRESENTING REGIMENTAL AFFILIATION

- ❑ Consists of either a Regimental Distinctive Insignia (RDI) or Distinctive Unit Insignia (DUI). Soldiers may wear either:
 - ❑ RDI: Based on a Soldier's branch/corps/special branch as determined by PMOS or specialty.
 - ❑ DUI: Based on a unit in which the Soldier is serving or previously successfully served.
 - ❑ Soldiers who desire to wear a DUI (in lieu of an RDI) to represent their regimental affiliation must make the request using a DA Form 4187 (Personnel Action). A Soldier's unit personnel office must verify the Soldier's assignment history to verify eligibility before changing the Soldier's records.

(DA Pam 670-1, para 21-24)





COMBAT UNIFORMS

- ❑ **Combat Uniforms**
 - ❑ DA Pam 670-1 Clarifies wear of Universal Camouflage Pattern (UCP) and Operation Enduring Freedom Camouflage Pattern (OCP) combat uniforms
 - ❑ Sew-on badges, rank, nametape, and U.S. Army tape are authorized on all combat uniforms (includes patrol cap)
 - ❑ Insignia may be worn only if it was approved for manufacturing by The Institute of Heraldry

(DA Pam 670-1, para 4-8e and 22-16)





COMBAT UNIFORMS (SEW-ON OR PIN-ON)

- ❑ When personnel sew on badges, the following must also be sewn on the combat uniform coat:
 - ❑ Nametape
 - ❑ U.S. Army Tape
 - ❑ Rank (Grade Insignia)
- ❑ If a nametape, U.S. Army tape or rank is sewn on, then personnel must sew all three items on
- ❑ This requirement does not apply to the patrol cap
- ❑ Nametape may be sewn on the patrol cap; Rank may be pinned on or sewn on the patrol cap
- ❑ Only badges sold by a manufacturer approved by the Institute of Heraldry may be worn on combat uniforms

(AR 670-1, para 2-3 and DA Pam 670-1, para 4-8e)





BADGES ON COMBAT UNIFORMS

- ❑ Personnel may wear up to five badges above the U.S. Army tape so long as space allows for the badges on the individual's uniform.
- ❑ Personnel may only wear one combat or special skill badge from either group 1 or group 2. Group 1 and 2 badges cannot be worn together. Soldiers may wear up to five badges from groups 3 and 4.
- ❑ Worn in order of group precedence, from top to bottom and from the wearer's right to left.

(DA Pam 670-1, para 22-16)





BADGES ON COMBAT UNIFORMS

- ❑ When one, two, or three badges are worn, they are centered 1/8 inch above the U.S. Army tape and worn vertically with 1/4 inch between badges.
- ❑ When four badges are worn, they are centered 1/8 inch above the U.S. Army tape, and worn vertically and side-by-side in stacks of two with 1/4 inch between badges vertically and 1/2 inch between badges horizontally.
- ❑ When five badges are worn, they are worn the same as four badges with the additional badge centered 1/4 inch above the top two badges.

(DA Pam 670-1, para 22-16)

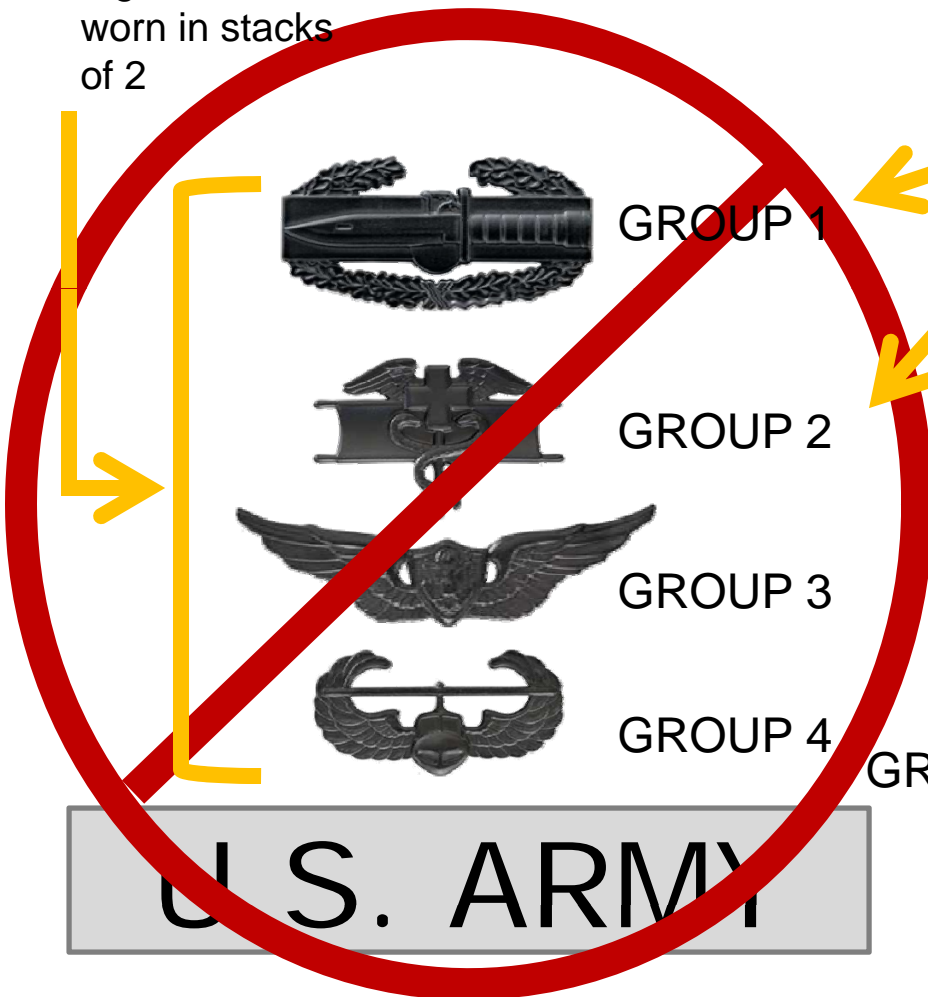




BADGES ON COMBAT UNIFORMS

- 4 badges worn together are worn in stacks of 2

- Only one badge may be worn from group 1 or group 2



GROUP 1

GROUP 4



GROUP 2

GROUP 3

GROUP 4

GROUP 4



GROUP 4

U.S. ARMY

U.S. ARMY





BADGES ON SERVICE AND DRESS UNIFORMS

Badges on Service and Dress Uniforms

- ❑ May not wear more than 6 total badges (does not include metal tab replicas).
- ❑ May wear up to 3 combat and special skill badges above the ribbons. Personnel may only wear one combat or special skill badges from either group 1 or group 2 above the ribbons. Soldiers may wear up to three badges from groups 3 and 4 above the ribbons.
- ❑ May not wear more than 3 badges on pocket (does not include metal tab replicas).

(DA Pam 670-1, para 22-16)





SPECIAL SKILL TAB REPLICAS

- ❑ Males wear the special skill tab metal replicas with highest precedence (from the wearer's right to left) 1/8 inch below the top of the pocket. Females wear these badges with the upper portion of the badges 1/4 inch below the ribbon bar.
- ❑ Soldiers may wear special skill badges or marksmanship badges 1/4 inch below the metal tab replica(s) only if the Soldier has more than three combined special skill tab metal replicas, special skill badges, marksmanship badges on the pocket flap.

(DA Pam 670-1, para 22-16)





SPECIAL SKILL TAB REPLICAS

Example Worn with Combat and Special Skill Badges





RECOMMENDING CHANGES TO POLICY

- ❑ Submit a DA Form 2028 with full justification. The form must be endorsed through the chain of command (ACOM/ASSC/DRU level) to the Army G-1 for significant changes.
- ❑ Decisions are made through a board process after full legal review.
- ❑ The Army's process of changing any item of an Army uniform (to include how items are worn) allows a thorough review before implementing any permanent changes.





OTHER ADMINISTRATIVE ACTIONS

- ❑ Any item not otherwise authorized IAW AR 670-1 must be authorized in writing by Deputy Chief of Staff, G-1
- ❑ Soldiers should address questions regarding AR 670-1 to their immediate chain of command
- ❑ Senior leaders needing clarification should e-mail usarmy.pentagon.hqda-dcs-g-1.mbx.uniform@mail.mil
- ❑ Visit the G-1 website (<http://www.armyg1.army.mil/hr/uniform/default.asp>) for additional training and guidance on uniform policies

